

SDHXCS Enrichment Classes (才艺课)

Subject (科目):	Sports		
Course Name (课程名称):	Beginning and Intermediate Tennis Course (网球)		
Teacher Name (教师姓名)	Cheng, David	Phone	(858) 735-6361
		email	Dcheng2983@gmail.com
Teacher's Background (教师简介):	<p>Coach David Cheng has more than 15 years of experience of managing/organizing competitive sports tournaments (table tennis, basketball, and tennis). He is a USTA and USPTA member and has played competitive tennis tournaments for 10 years in the Professional Club League and USTA. David is good at teaching students 8 ~ 14 years old.</p> <p>Assistant coach Willie William has more than 20 years of tennis teaching experience in San Diego. He is good at communicating with students at different ages and teaching student personal growth in the competitive levels.</p> <p>主教练 David 有超过 15 年的管理/组织竞技体育（乒乓球，篮球和网球锦标赛）的经验。他是 USTA 和 USPTA 的成员，并在职业俱乐部联盟和 USTA 参加了多年的竞技网球锦标赛。David 擅长教授 8~14 岁的学生。</p> <p>助教 Willie William 在圣地亚哥拥有超过 20 年的网球教学经验，并被认证为 PRO 网球教练。他在圣地亚哥经营着许多网球营，并培养了许多优秀的网球学生。他善于与不同年龄的学生交流，并教授学生在竞争水平上的个人成长。</p>		
Course introduction (课程简述):	<p>We will divide the students to different groups (beginning, intermediate, and advance) based on their age or skill. Each group will have 6~8 students. 1) For beginners, we will teach them the basic form (push, drive, pick up and backspin) on forehand and backhand. We will also teach them how to serve and the tennis rules. 2) For intermediate students, we teach them tennis form, tactics, gaming strategies, and serve improvements. 3) For advance students, we will organize them for round robin tournaments plus individual skill coaching and evaluations. Students will play against the ball machine and each other. We will have mini tournament activities.</p> <p>我们将根据学生的年龄或技能将学生分为不同的组（开始，中间网球和提前）。每组将有 8~12 名学生。1) 对于初学者，我们将教他们正手和反手的基本形式（推，驱，拾，后旋）。我们还将教他们</p>		

	正确的发球和接球规则。 2) 对于中级学生, 我们教他们网球形式, 战术, 游戏策略和服务改进; 3) 对于高级学生, 我们将组织他们进行循环赛和个人技能指导以及评估。 学生将会与发球机对弈。 我们还将举办小型锦标赛活动。			
Course Objectives (课程目标):	<p>1. Teach young students to master the basic tennis form, skill and rules. 2. Teach intermediate and advance students who have had 1-2 years of tennis experience to be competitive. Improve personal, physical and mental strength. Teach them to play competitive games.</p> <p>1. 教导年轻学生掌握基本的网球形式, 技巧和规则。 2. 教授具有 1 - 2 年网球经验的中级、高级学生比赛技巧。提高个人, 身体和精神力量。 教他们玩竞技游戏。</p>			
Pre-requisite/Student Ages (先决要求/学生年龄要求):	<p>We will interview and screen the students based on their interests and passion. The requirement for the student age is 8 ~ 14</p> <p>我们将根据他们的兴趣和热情对学生进行面试和筛选。 学生年龄要求为 8~14 岁</p>			
Student Evaluation / Presentation (评分方法 (演出、比赛、展示等)):	<p>1) Final Practice Test 期末测试 2) Mini Tournament 小型比赛 3) Trophy 奖杯</p>			
Class Size (最多招生人数限制):	15 Students			
Course Fee (报名费 / 学费):	Registration & material fee	\$390 per year	Course Time & Location	Sundays 11:30 Am – 12:30 Pm Tennis Court